

# Week 1

w/c 01/11/21 • 22/11/21 • 13/12/21  
05/01/22 • 24/01/22 • 07/03/22 • 28/03/22

## Monday

Hidden Vegetable Mac'n' Cheese (v)  
Quorn Burger (v)  
Filled Sandwich/Wrap/or Roll (v)  
Broccoli  
Winter Berries W/Custard

## Tuesday

Moroccan Style Lamb  
Moroccan Style Vegetables (v)  
Jacket Potato with choice of Filling  
Couscous; Roasted Vegetables  
Mixed Melon

## Wednesday

Roast Beef W/ Yorkshire Pudding & Gravy  
Sausage Roll W/Gravy (v)  
Filled Sandwich/Wrap/or Roll  
New Potatoes; Carrot & Swede  
Fruit Flapjack

## Thursday

Mild Spiced Chicken Pittas  
Jacket Potato with Cheese Filling (v)  
Tuna and Sweetcorn Pasta  
Selection of Salad Sticks  
Fruit Jelly

## Friday

Battered Fish  
Cheese & Tomato Pizza Baguette (v)  
Chips; Peas & Sweetcorn  
Fudge Yoghurt



# Week 2

w/c 08/11/21 • 29/11/21 • 20/12/21  
10/01/22 • 31/01/22 • 21/02/22 • 14/03/22

## Monday

Mexican Bean Chilli (v)  
Crispy Cheese & Vegetable Wraps (v)  
Filled Sandwich or Roll (v)  
Brown Rice; Baby Corn  
Seasonal Fruit Selection

## Tuesday

BBQ Chicken Fillet Burger  
Frittata (v)  
Jacket Potato with choice of Filling  
Sweet Potato & Carrots  
Cocoa & Orange Cake with Chocolate Custard

## Wednesday

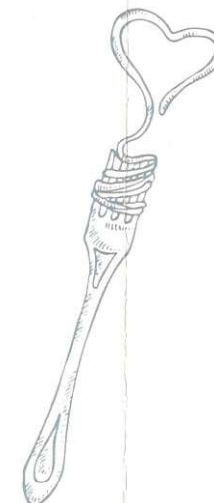
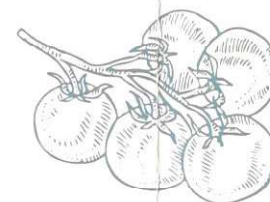
Braised Pork W/Apple  
Braised Quorn W/Apple (v)  
Filled Sandwich/Wrap/or Roll  
Roast Potatoes; Cabbage & Parsnips  
Oaty Crunch W/Vanilla Yoghurt

## Thursday

Beanie Cottage Pie with Cheesy Top  
Beanie Pie with Cheesy Top (v)  
Jacket Potato with choice of Filling  
Crusty Bread; Beetroot & Green Beans  
Spiced Plum & Pear

## Friday

Battered Fish  
Cheese & Tomato Pizza Baguette (v)  
Chips; Peas & Sweetcorn  
Toffee Apple Rice Pudding



# Week 3

w/c 15/11/21 • 06/12/21 • 17/01/22  
07/02/22 • 28/02/22 • 21/03/22

## Monday

Sweet Potato and Mango Curry W/Rice (v)  
Cheese & Garlic Pasta (v)  
Filled Sandwich/Wrap/or Roll (v)  
Roasted Cauliflower  
Pear & Sultana Crumble W/Custard

## Tuesday

Beef Burger  
Mozzarella, Tomato & Pepper Topped Ciabatta (v)  
Jacket Potato with choice of Filling  
Corn on the Cob; Baked Beans  
Fruit Shortbread

## Wednesday

Roast Chicken W/Stuffing & Gravy  
Quorn Sausage W/Stuffing & Gravy (v)  
Filled Sandwich/Wrap/or Roll  
Mashed Potatoes; Carrots & Green Beans  
Strawberry Ice-Cream

## Thursday

Shredded Ham in Mexican Style Beans  
BBQ Beans (v)  
Jacket Potato with choice of Filling  
Crusty Bread; Broccoli  
Peach & Mango Yoghurt

## Friday

Salmon Fish Fingers  
Cheese & Tomato Pizza Baguette (v)  
Chips; Peas & Sweetcorn  
Banana & Ice-cream

In addition to the above, a salad trolley is available daily containing fresh salad ingredients, fresh fruit and bread